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I read Crazy Busy Overstretched, Overbooked and About To Snap by Edward Hallowell, MD. this last weekend when I went to a wedding in Seattle Washington. I liked the author's writing style, the pragmatic examples he shared and the simplicity of how to manage the issues addressed. DrT, July 13, 2017

CrazyBusy : Overstretched, Overbooked, and About to Snap ...

The Paperback of the CrazyBusy: Overstretched, Overbooked, and about to Snap! Strategies for Handling Your Fast-Paced Life by Edward M. Hallowell M.D. at Due to COVID-19, orders may be delayed.

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In **CrazyBusy: Overstretched, Overbooked, and About to Snap Strategies for Coping in a World Gone ADD**, the doctor invents a new vocabulary to describe the busyness that threatens to overwhelm many harried multitaskers.

Author Interview - Dr. Edward Hallowell, author of ...

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Questioning Engagement. A participant
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